

🍅 Organize a Local Farm Visit

To help you organize a farm visit with your class, here is a regional list of organic fruits and vegetables farms. When contacting farms ask about :

- **existing facilities** (e.g. washrooms, place to eat, sheltered area in case of rain).
- **visit fees**, if any, and what they cover (e.g. 1 hour farm tour, parking, etc.).
- the **best time** to visit the farm*.
- the possibility of the farmer to provide fresh **produce to taste**.
- the presence of **animals**.

To make the visit even more educational, we strongly recommend adapting and realizing the following Soup's On! activities with your students at the farm: "Inspector Veggie" and "How does it Grow?" (the activities can be found in the Cycle 1 folder of the kit).

Centre-du-Québec

Ferme Logi-Bio

Lucie Rioux
86, Ch. du Pays-Brûlé
Baie-Du-Febvre, QC
J0G 1A0
Tel: 450-783-6684

Les Arômes de la Terre

Anne-Marie Tanguay and Vincent Bergeron
13 100, route du Fraser
Bécancour (Précieux-Sang), QC
G9H 3J2
Tel: 819-229-1271
www.lesaromesdelaterre.ca

Eastern Townships

Le Potager d'Emylou

Emylou Desrosiers
105, Haskell Hill
Canton Hatley, QC
J0B 2C0
Tel: 819-562-4205
www.potageremylou.net

Les Potagers des Nues Mains

Véronique Taschereau and Yan Gordon
190, Perkins
Sutton, QC
J0E 2K0
Tel: 450-538-0719
www.lesnuesmains.com

Laurentians

Ferme Morgan

John Bastian
90, Ch. Morgan road
Weir, QC
J0T 2V0
Tel: 819-687-9021

Montreal

Cap-Saint-Jacques Nature Park Ecological Farm

183, Ch. Cap-Saint-Jacques
Pierrefonds, QC
H9K 1C6
Tel : 514-280-6743
www.d3pierres.com
Free self-guided visits all year long.

* **Early fall (until mid-October)** tends to be the best time to visit farms as the weather is usually good, the fields are still plentiful and farmers are less busy than in spring and summer!

Montérégie

Ferme l'Accueil Chaleureux

Deborah Lindsay
95, rang Saint-Claude
Saint-Philippe de la Prairie, QC
J0L 2K0
Tel: 450-619-1294

Les Jardins du Petit Tremble

François Tanguay
1830, Ch. du Rivage
Saint-Antoine-sur-Richelieu, QC
J0L 1R0
Tel: 450-787-3916
www.lesjardinsdupetittremble.ca

Jardin-Bonté-de-Compost

France Picard and Cyrille Tremblay
6360, Ch. Rougemont
Saint-Jean-Baptiste, QC
J0L 2B0
Tel: 514-823-3214
<http://cemr.jimdo.com/jardin-bonte-de-compost>

Les Jardins de la Terre

Annie Rivard and Éric Lafontaine
1395, Notre-Dame, #480
Saint-Césaire, QC
J0L 1T0
Tel: 450-469-4600 # 236
www.jardinsdelaterre.org

Kelmgrove Farm

Megan Mckell
82, Lambton
Ormstown, QC
J0S 1K0
Tel: 450-829-2128
www.fermekelmgrove.com

Les Jardins Pierre Goyette

Pierre Goyette
1087, Ch. St-Dominique
Les Cèdres, QC
J7T 1P5
Tel : 450-452-4806
Non-organic grower, specialized in exotic varieties.

Les Jardins Glenorra

Ian and Julie T. Aldridge
2048, Ch. North River road
Ormstown, Qc
J0S 1K0
Tel: 450-829-2411
www.glenorra.com

Ferme Cadet-Roussel

Anne Roussel and Susan Desmarais
730 Rang Chartier, Route 104
Mont-Saint-Grégoire, QC
J0J 1K0
Tel: 450-346-4993
www.fermecadetroussel.org

Outaouais

Belle Terre Botanic Garden & Arboretum

Wayne and Joyce Keller
120, Milliken
Otter Lake, QC
J0X 2P0
Tel : 819-453-7270

Juniper Farm

Juniper
460, Ch. Kalalla
Low, QC
J0X 1A0
Tel : 819-422-1894
www.juniperfarm.ca

Bryson Farms

Terry Stewart and Stuart Collins
25, Ch. Stewart
Shawville, QC
J0X 2Y0
Tel : 819-647-3456
www.brysonfarms.com

Songberry Organic Farm

Rob Wallbridge
24 Sixth Line RR 4
Bristol, QC
J0X 1G0
Tel : 819-647-6684
www.songberry.com